**NOTES OF THE**

**WEST SUFFOLK VOLUNTARY AND STATUTORY PARTNERSHIP**

Held at:

**Recovery College Building, Hospital Road, Bury St Edmunds, Suffolk IP33 3NR**

Present: Will Wright, FHDC & SEBC; Harriet Mailey, Care UK; Jacqui Fairley, NSFT; Karen Jackson, NSFT; Beverley Fox, Green Light Trust; Jo Streeton, Cambridge Pringle Group; Jo Flack, TTC; Dan Pennock, HealthwatchSuffolk; Nigel Moyes, NSFT; Kate Sparks, Shaw Trust; Julia Carr, NSFT; Pippa Baker, Shaw Trust; Kate Meachen, LD Liaison Nurse, NSFT.

Chair & Minutes: Michael Mather, Julian Support WS PRT.

**Welcome & Apologies**

Lorraine Parr

Sharon Michelle, CHEX Haverhill.

MM welcomed all, and apologies for the small venue, but there had been a mix up with the room booking.

Round the room introduction, where all said why they are attending, what did they get from last meeting, and what do they hope to get from attending this meeting.

General comments ranging from it being important..fits in with a number of strategies e.g social prescribing, Time To Change Campaign etc..flow of information.

MM introduced WW, who has provisionally agreed to co/chair WS VASP. MM mentioned the difficulties sometimes posed with juggling responsibility of managing a busy service, with VASP responsibilities.

MM attributed this also to the lateness of previous minutes being distributed. Although he had not chaired the last meeting, the written minutes still left to be typed, which difficult to do without context.

As chairing and minute taking today, MM for warned that these may be brief.

**Notes of the previous meeting and Actions**

Agreed

**Matters Arising**

NM mentioned that Locality Concerns need to be a 2- way connection with Strategic VASP

Action: MM to take to next Strategic VASP Meeting

Future Chairing arrangements, and venue: MM introduced WW, who has in principle, agreed to co-chair some future meetings. RC building to be new venue.

**Action**: KJ & JF will ensure Recovery College venue is booked for future meetings in 2018.

**Updates from Other Organisations/Events**

NM mentioned Recovery Strategy Launch Event in Ipswich in September, which was well attended.

Recovery College: Simone De Mello has been recruited in admin post for WS, and takes SCIP Minutes.

New building, and mentioned that RC can be accessed by those under Secondary MH Services, or if discharged, can access within that first year. Everything is co-produced. Some difficulties in getting MH Nurses on board to teach courses, due to their commitments in community. Working with 3rd sector voluntary partners. NM mentioned a course on Employability & Benefits, as well as Independent Living.

Looking to work closer with DWP, to help with work, benefits and especially Universal Credit, which has been rolled out to BSE/Haverhill as Full Service areas. MM said 2 DWP staff coming to Julian Support offices to give UC briefing.

**Action**: MM to contact Ronnie Knight and David Walford to attend VASP meeting

NHS 111 – Currently retendering. View that will be an Option 2 service for MH issues. Time frame for next April.

NM - mentioned University of Suffolk ‘Can You Hear Me, the Voice of the Service User’. Planning next years event. Anyone in services willing to talk about their use of Social/Healthcare Services, should contact NM, as he will be mentoring this year.

KS – Shaw Trust have had extension to contract. Mentioned Bury Bi-Polar meeting, which is second Monday of each month, at Quaker meeting House, around 6.30pm. Discussion around Mental Health First Aid, as KS now trained by Mental Health First Aid England.

PB-Shaw Trust have had increase in referrals. can be contacted if need any information.

KM – Discussion around Wellbeing Services having improved, but still some way to go. KM explained that there are complex issues surrounding this. She and colleague roles involve going into surgeries, and try to promote their service. Supports those with LD in surgeries, but those referring into, do not look at reasonable adjustments.

HM-Care UK. Davis Court Care Home, has had recent good CQC Report. There is a Day Centre, Cinema, Coffee Shop, giving it a community feel. Many have Dementia, and comprises of both private and Social Services funded.

MM- Julian Support. Although recent extension to Suffolk Contracts, recent bid for Norfolk Contracts were not successful on either of the 4 lots bid on. Loss of half JS business, which as a small Voluntary Sector Provider, has hit hard. Currently felt that able to sustain the business, but could inevitably involve some changes moving forward.

JF & MM re: Open Space – continues to run well in Bury St Edmunds and Haverhill Libraries as joint venture between Julian Support/NSFT and Suffolk Libraries. New Timetables for both sessions.

BF – Green Light Trust. Funding from SCC. Woodland Minds Programme has been successful. Contact BF if need further information.

JS – Cambridge Pringle Group. Currently have 27 beds in Haverhill, comprising of shared houses. Some joint working with CHEX with Singing Group, which recently launched. Please contact for further detail.

Time to Change update

JC – mentioned TTC Champions Fund. Anyone can apply for this, if a TTC Champion. Anyone can support someone to sign up as a Champion, where details are available on the TTC Website. Need to be over 18, and have had some lived experience of MH issues, although not necessarily had contact with services. The website has a range of templates, which can be used to plan events etc. Currently 4 HUBs in UK, Suffolk being the latest to have HUB status. This is to run for 18 months, where VASP will continue to carry the legacy/message as ongoing.

Funding for first round of TTC funding closes 30/11, but starts again on 5/02/18. Simon King is the primary person for TTC, engages with Champions and Healthwatch Suffolk.

Fundable event examples include staff at Addenbrookes Hospital putting on a show about lived experience, a special showing of the film, Inside Out, to illustrate issues, Mindfulness drawing in Library. Mostly, it is expected that would hook onto another event, such as Suffolk Show etc.

JF will be facilitating Social Contact Training soon.

TTC Employers Pledge can also be accessed via Website.

**VASP coordinators Update**

JC – mentioned that VASP Website needs updating, and a new TOR draft to come out before next Chairs Meeting on 4/12/17, and what needs to be added. Locality VASP pages are quite out-of-date, and some organisations may not now exist.

New Chairs required for Ipswich & Mid-Suffolk VASP, as current ones stepping down.

**West Suffolk Locality Concerns (VASP Priorities)**

Dual Diagnosis – RC from Turning Point attending meeting on 9/01/18.

Psych Liaison – Gill Jones (HWS) raised this on behalf of WS VASP Chair at Strategic County VASP on 11/12/17. Gary Page will be updating on progress in March. Issues will also be taken to the Mentally Healthy Communities Board which meets monthly. GJ asked whether someone could produce a **Case Study/Service User Story which we know reflects what has happened to others.**

**Meeting Closed at 12 noon**

**Dates of future meetings**

Tuesday 9th January, 2018

Tuesday 13th March, 2018

Tuesday 8th May, 2018

Tuesday 10th July, 2018

Tuesday 11th September, 2018

Tuesday 13th November, 2018

**All scheduled to be held in large room of Recovery College**