



Please Reply to :

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**MINUTES OF THE MEETING OF THE SUFFOLK VOLUNTARY AND STATUTORY
 PARTNERSHIP FOR MENTAL HEALTH
 held at BSEVC, 86 Whiting Street, Bury St Edmunds IP33 1NX
 Monday 11th June 2013 9.30-11.30am**

	ACTION
1. Welcome & Apologies: see below HP welcomed all to the meeting and noted apologies	
2. Minutes of the meeting held on 11th March 2013 Agreed	
3. Matters Arising None	
4. VASP Co-ordinator's update HP gave Julia Carr's report VASP website: the first few pages have been developed and a Google calendar can be used to upload events. There is a need for a central administrator and David Grimmer has offered to help support the administration of this, DG would cover Mondays and Fridays and JC would cover Tuesday, Wednesday, Thursday. Hope to trial the free version initially. Relaunch of Thetford and Brandon VASP: Positive interest in this. Venue and date to be decided. Publicity to follow. WMHD at Jimmy's Farm 5.10.13: all interested parties are invited to get involved in this event between 10a.m. and 2p.m.. This will co-	

<p>incide with regular Farmers Market. Jimmy's Farm will promote and are happy to ling event to Suffolk Health and Wellbeing Month. Jayne Davey form SUF co-ordinating the event, please contact her for more details.</p> <p>,Sudbury VASP: Anne-Marie Childs been elected Chair succeeding Garrie Parker.</p> <p>.</p>	
<p>5. Forming ground rules for VASP meetings</p> <p>.HP outlined the concept of VASP and that it was a partnership and although difficult things had to be raised that recently there had been occasions when certain partners had been targeted and in some cases made to feel uncomfortable. After discussion it was agreed that a meeting of all the locality chairs would be arranged to discuss the issues.</p>	<p>HP</p>
<p>6. Lorna Small - Personalisation</p> <p>The development of personal budgets in mental health has now developed into four work streams:</p> <ol style="list-style-type: none"> 1. Develop a clear message about personalisation and its context in mental health 2. Operationalise the Personal Budgets system (produce the necessary policy, guidance and training to enable staff to deliver personalisation in Mental Health) 3. Communication and Engagement which includes developing service user and family carer involvement including peer mentoring and support for providers in the current market for the changes personalisation will bring 4. Maintaining links into national and regional developments, raising the profile of the work particularly at national level <p>The VASPS will have an important role to play in work stream 3 in particular and SCC will keep the link with the county VASP in order to update members but also to request help with monitoring and evaluation as the new system is implemented.</p> <p>If anyone is interested in working with LS please e-mail: lorna.small@suffolk.gov.uk</p>	
<p>7. Linking with VASP and Learning Disability Forum</p> <p>It was agreed that this would be a positive move and had been a priority in the past. Alan Bramwell to be invited to attend VASP. HP undertook to ask Julia Carr to arrange to link with Alan Bramwell, who chairs the Forum and who now works for Ipswich and East CCG.</p> <p>It was also agreed that contact should be made with Kim Arbor at Health East and Linda Hogarth, Suffolk Coalition of Disabled People and the Suffolk Consortium for Disabled People,</p> <p>This would be an agenda item at the next meeting</p>	<p>HP/JC</p> <p>JC</p> <p>HP</p>

8. Updates from locality VASP's and Partners

Richmond Fellowship

|Re-establishing now that TUPE of staff has been completed.
Working together to work as a cluster.

Mid Suffolk

Sue Parker had sent a report which highlighted the very successful Emotional Wellbeing in Children, Young People and their Families event. They are now working on an Outdoor and Mental Wellbeing Event at Thornham Walks.

Supporting WMHD at Jimmy's Farm.

Attending networking events and having regular meetings with speakers.

Sue reminds us that she has a banner and A boards available for groups to borrow,

Healthwatch

Staff team expanding. Recruitment of Board and steering group members.

3 launch dates around the county.

Diversity around mental health. Healthwatch run a BME group where a lot of issues are being raised including services not coming out of Ipswich.

Healthwatch have a meeting room available.

Jeff Stern reported on the mental health focus group operating under Healthwatch with focus on redesign of services in NSFT. Service users were involved in the group.

JD keen to feedback service user comments.

Healthwatch want regular and continuous dialogue with service users. There will be transport available from BSE to Ipswich.

Discussion around mechanisms for feedback as it would be helpful for NSFT to feedback to a number of groups,

JD suggested round table discussions as present mechanisms are too contained.

Orbit Independent Living

Deborah Mallet reported that Brandon Synergy Cafes on 24.6.13 Open to people with dementia and their carer, Free to attend. Meals will be available.

Newmarket Synergy Café in Newmarket going very well.

DM is liaising with Alzheimer's Society to run surgeries one day per month.

Next Café to be opened will be in Bury St Edmunds at 11 Cullum Road in late summer.

Together for Mental Wellbeing

Mid Suffolk Your Way available for people with personal budgets or direct payments.

Suffolk Befriending Service still going well. Cavendish Road registered care home available for respite can be spot purchased or self funded.

CARA service continues until March 2014.

Bury Mental Health Forum

New Terms of Reference have been agreed.

Will join in with Jimmy's Farm project for WMHD>
Housing still a priority.

Suffolk Congress

HP reported that a Manifesto had been published and available on the Suffolk Congress website. An Impact Report had been written and this was also available on the website. Community Action Suffolk had agreed to support the secretariat of the Suffolk Congress.

Regular meetings with SCC Corporate Management Team.
Some challenges had been made including the advocacy Tender which has been severely criticised.

Age UK

Dementia advice Service in partnership with Sue Ryder is busy in 8 districts across Suffolk.

Julie Goldman works in West Suffolk set up in BSE and Newmarket and looking at Haverhill.

Events being organised for Dementia Awareness Week.
600 referrals since August mostly from mental health services and not from GP's. Karen Wood said this may be because GP's need more information.

IAG service, as well as emotional support.

Church of England

2 workshops have been arranged for church elders.

KBR is trying to arrange a whole day devoted to dementia, Norfolk and Suffolk Dementia Alliance is supporting dementia friendly services.

Inspire

Inspire set up in September and providing group work on anxiety management etc. Also working with carers.
Targeting Waveney because of lack of services in the area.
Sandra Jarvis is supporting the setting up of Thetford/Brandon locality VASP.

SUF

NSFT consultation at Ipswich Library 19.6.13

Adult Care Pathway. It would be beneficial to have users from housing.

Consultation event on Service Users Strategy 28.6.13

18.8.13 Enhanced Community pathway consultation for people with personality disorders

Stonham

The Corner House is home for people with mental ill health. Respite care can be offered for up to 14 nights. Any clinical Care co-ordinator can refer.

Can be offered as an alternative to admission for up to 72 Hours.

Corner House is based in Ipswich.

West Suffolk Clinical Commissioning Group

WSCCG really keen to engage.

WSCCG have their own priorities.

Autism, \child and Adolescent MH services, Housing, focus on Dementia.

Setting up a proper psychiatric service with the Trust. Agenda item next meeting Ipswich VASP Going well and regular meetings are well attended. Carers Information Forum held at WS College on 5.7.13 Everyone is welcome to attend the meetings.	HP/KW
9.VASP priorities World Mental Health Day Benefits and personal Budgets Personality Disorders Housing Diversity in mental health	
10. AOB None	
Date of next meeting Tuesday 17th September 2013 at 9.30am BSEVC, 86 Whiting Street, Bury St Edmunds IP33 1NX	
Present: Hazel Pidsley (HP) Peter Alder (PA) Andrea Stribling (AS) Louise Marks (LM) Karen Wood (KM) Dr Ros Tandy (RT) Ian Hartley (IH) Jeff Stern (JF) Lorna Small (LS) Jean Cobbold (J Co) Andrea Bredel (AB) Kerry Overton (KO) Julie Goldman (JG) Deborah Mallett (DM) Guenever Pachant (GuP) Sally Corker (SC) Nettie Burns (NB) Jayne Davey (JD) Kathleen ben Rabha Apologies: Elaine Hewes Sue Parker (SP) Suzanne Wyard (SW) Patrick Yardy (PY) Kate Turner (KT) Suzanne Mildenhall (SM) Julia Carr (JC)	BSEVC (Chairman) Together for Mental Wellbeing Richmond Fellowship Suffolk Family Carers WS CCG WSCCG SUF SUF/Healthwatch SCC SCC The Corner House (Stonham) Healthwatch Age UK Suffolk Orbit Independent Living NSFT Inspire NSFT Suffolk User Forum Church of England Haverhill Volunteer Centre and chair Haverhill VASP Mid Suffolk VASP Suffolk Coastal VASP and Suffolk Befriending Service SCC Workwise VASP co-ordinator

<p>Sue Gray</p> <p>Jacqueline Fairley (JF)</p> <p>David Grimmer (DG)</p> <p>Jane Millar (JM)</p> <p>Colin Leonard</p> <p>Andrew Bligh</p> <p>Fran Moore</p> <p>Suzanne Wyard</p> <p>Gitti Dunham</p>	<p>NSFT linkworker</p> <p>Suffolk Mind</p> <p>Suffolk User Forum</p> <p>Suffolk Libraries</p> <p>NSFT</p> <p>Julian Support</p> <p>Julian Support</p> <p>The Befriending Scheme</p> <p>Chair Suffolk Coastal VASP</p> <p>and NSFT</p> <p>Healthwatch</p>	
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