

MINUTES

| | |
|-----------|--|
| | Ipswich VASP Meeting |
| | |
| Date | 14 th January 2015 |
| Place | Suffolk Mind |
| Time | 10.00am – 12.00pm |
| Attendees | David Grimmer, Jen Kiernan, Fiona Weller, Lewis Jordan, Linda Brown, Jo Flack, Guenever Pachent, Angela Emmerson, Frank Clarke |

| | | Action |
|----|---|--------------------------------|
| 1. | <p><u>Getting our Act Together Jen</u></p> <p>Jen and David to host an event at Ipswich County Library on February 24th 10.00-16.00 to help draw together services for the benefit of service users and referrers. The initiative is called 'Getting Our Act Together' and the aim is to pull together as many as possible of the voluntary services operating in the mental health sector in Ipswich.</p> <p>The aim is to promote joint working, ease of access for service users and referrers.</p> <p>Further details will be emailed out.</p> <p>The ideas discussed are as follows:</p> <p>Day in February – presentations to be given by services, giving overview of service and then to draw this map together. .</p> <p>It could be promoted as part of World Mental Health Day in October</p> <p>Follow up day for referrers would be needed and to keep this information up to date an online place to host it.</p> | DG/JK to send out booking form |
| 2. | <p><u>Events- David</u></p> <p>Dates discussed for ongoing mental health promotion including linking into local high profile events such as Ipswich Mela, Pride and Alexandra Park events. This would be a shared Ipswich VASP table , cutting down costs for stands and staffing needs (this would also reach new audiences)</p> <p>Town Centre events to link into national days to raise the profile of the Ipswich VASP(all agreed that the Giles statue worked well for WMHD)</p> <p>Also a suggestion of going into workplaces and other high footfall areas.</p> | DG to send out dates form |
| 3. | <p><u>Healthwatch – Simon</u></p> <p>Research into services for BME community</p> <p>Simon asked if there was any specialised Counselling Services for the LGBT community</p> <p>Options were discussed</p> | |

| | | |
|----|--|---|
| 5. | <p><u>NSFT Governors update:</u></p> <p>Guenever re-elected to post- well done!</p> <p>Media stories on pressure from the Government to spend more on funding for MH.CCG advised should apply 1.9% -5% Increase to current spending.</p> <p>NSFT cross county review by monitor (CQC) report due in February</p> <p>Alison Armstrong new Director of services replacing Debbie White</p> <p>Public board of directors meetings every month (dates on website) either in Norfolk or Suffolk.</p> <p>Focus on CYP this year</p> | <p>Invite Alison A to future VASP meeting</p> |
| 6. | <p><u>Stepping Stones</u></p> <p><u>Elaine</u> spoke about the Hoarding Service that is provided by Stepping stones .</p> <p>Two conferences put on in 2014 to raise the profile of hoarding in Suffolk.</p> <p>October event well attended by providers and interested parties.</p> <p>December event aimed at commissioners, not well attended, even though a lot of the invited accepted?</p> | |
| 7. | <p><u>Judith Bourne- Suffolk Family Carers</u></p> <p>Update on service changes within SFC and updated group on projects within her team, leaflets and flyers handed out and sent via VASP network</p> <p>Martin Jones has been recruited to replace Louise</p> <p>Turning point has won the tender to provide drug/alcohol services across Suffolk.</p> | |
| 8 | <p><u>Vron Deri Suffolk Wellbeing Service</u></p> <p>Wellbeing workshops discussed.</p> <p>Free workplace stress workshops available, posters handed out.</p> <p>New "Finding me workshops" being delivered in partnership with the trust Chaplin. For further information contact the Suffolk Wellbeing Service</p> | |