

Ipswich VASP Meeting Minutes	
<b>Date:</b>	June 10 <sup>th</sup> 2015
<b>Venue:</b>	Suffolk Mind, Hyntle Barn, Hill Farm, Silver Hill, Hintlesham IP8 3NJ
<b>Time:</b>	10.00 – 10.45
<b>Attendees:</b>	<p>Chaired by Jayne Davey (JD) – SUF (Vice Chair &amp; Manager of Suffolk User Forum)</p> <p>Lewis Jordon (LJ) - NSFT – Woodlands</p> <p>Guenever Pachent (GP) - NSFT Governor</p> <p>Jane Farrow (JF) – Home Start</p> <p>Linda Brown (LB) – Julian Support</p> <p>Elaine Thomas (ET) – Stepping Stones</p> <p>Vanessa Lomax (VL) – Age UK</p> <p>Ezra Hewing (EH) - Suffolk Mind</p> <p>Claire Lee (CL) – Suffolk User Forum (Minute Taker)</p>
<b>Apologies</b>	<p>David Grimmer – Suffolk Libraries (Chair)</p> <p>Carol Thain – Suffolk Mind</p>

	Action:
<p><b>Minutes:</b> Minutes of May 13<sup>th</sup> 2015 were agreed subject to the following amendments:-</p> <p>Add Carol Thain as an attendee</p> <p>P.2 Stepping Stones East – remove the words “move on” from the 1<sup>st</sup> sentence</p> <p>P.3 Suffolk User Forum – 3<sup>rd</sup> sentence to be amended as follows: “JD updated group on SUF and Healthwatch Suffolk working group and their Stepping Forward event with service users ...”</p>	
<p><b>Minute Actions from May Minutes</b></p> <p><b>Personality Disorder</b> Sue Miller, Alison Armstrong’s deputy, is working on this to determine timescales to deliver. Waves project is supportive and Suffolk Mind may possibly provide funding. The Trust’s support will continue. JD to contact Sue Miller.</p> <p><b>Suicide Prevention Strategy</b> GP informed the meeting that Heather Belamy is leading this and is a member of the SPS group. Alison Armstrong is interested in implementing the actions. The SP Strategy is due for renewal. EH asked if he could see a copy of the strategy as Suffolk Mind was looking at the way suicide is projected especially amongst males.</p> <p><b>Crisis Care Concordat</b> JD attended the event on 5<sup>th</sup> June. Unfortunately the afternoon session was cancelled. The strategy was reviewed at the event and JD was now waiting to see how the feedback from the event is included within the strategy.</p> <p><b>Turning Point</b> JD advised that Wendy Shepherd, SUF’s Engagement Lead would be attending an event at UCS on 11<sup>th</sup> June.</p>	<p>JD</p> <p>GP</p>
<p><b>NSFT – Guenever Pachent (Governor)</b> GP confirmed she had attended the 1<sup>st</sup> meeting of the Black &amp; Minority Ethnic Forum.</p>	

<p>The Forum is for service users but they have to attend a 3 day course to become a member. Healthwatch Suffolk has a Black, Minority &amp; Ethnic group and JD to circulate the dates of those meetings. Healthwatch Suffolk completed a survey with this group and had received over 500 responses on how it affects their mental health. JD confirmed that the MECAN (Suffolk Minority Ethnic Community Action Network) newsletter was available and JD would circulate to everyone.</p> <p>GP – Following the Trust’s CQC inspection, mock inspections were to take place. The Trust will be hosting a number of events to receive feedback and if anyone was interested they should contact Alison Armstrong.</p>	JD
<p><b>Jane Farrow – Homestart</b></p> <p>JF reported that Homestart were looking for more volunteers. Volunteers would need to complete a prep course that lasts 8 – 9 weeks, one day a week and JF outlined the content of the course.</p> <p><a href="http://www.homestartmidsuffolk.org.uk/volunteering">http://www.homestartmidsuffolk.org.uk/volunteering</a></p>	
<p><b>Ezra Hewing – Suffolk Mind</b></p> <p>EH informed the group of 3 events:-</p> <p>The Ipswich Locality Advisory Partnership (ILAP) which is an advice sharing partnership between the member groups was taking place on 23<sup>rd</sup> June at the Chapman Centre. EH to circulate details.</p> <p>The Institute of Directors were holding an event on 24<sup>th</sup> June at Hintlesham Hall on Mental Health in the Workplace. Suffolk Mind will be giving a presentation. JD to ask David Jay to attend.</p> <p>Suffolk Mind were due to pilot and test two new models for training, awareness in mental health and personal skills, and Mental Health first aid lite – emotional needs and resources. These will be ½ day sessions but you would need to attend both. No dates had been planned yet. If anyone is interested in taking part to contact Sarah Savine at <a href="mailto:sarah.savine@suffolkmind.org.uk">sarah.savine@suffolkmind.org.uk</a>. JD to advertise the event on SUF’s facebook page.</p>	<p>EH</p> <p>JD</p> <p>JD</p>
<p><b>Jayne Davey – Suffolk User Forum</b></p> <p>JD reported that the Wellbeing Service was being commissioned and they have a commissioning plan, but will need to be amended and JD is on the Procurement Panel. There are a number of documents to read through and will update service users through SUF’s newsletter.</p> <p>British Institute of Human Rights – JD reported that the event had been well attended and the presenters had been very well received and had covered many issues affecting mental health patients. As part of the event cases studies were discussed and some of these will be highlighted in SUFs future newsletters as well as highlighting what service users rights are under the Act.</p> <p>Vicky Versey, Youth Ambassador for Community Action Suffolk – her post ends in March 2016 due to a loss of funding. JD will look at ways to try to secure future funding.</p>	JD

JD informed the group that their current Chair of Trustees will be stepping down in October and that they were looking to appoint a new Chair.	
<b>Date of Next Meeting</b> July 8 <sup>th</sup> 2015, 10.00 – 12.00, Suffolk Mind, Hintlesham	