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NOTES OF THE MEETING OF THE WEST SUFFOLK VOLUNTARY AND STATUTORY PARTNERSHIP FOR MENTAL HEALTH held at Gatehouse, Dettingen Way, Bury St Edmunds

Thursday 15th March 2016 10.00-12.00 noon.

	ACTI ON
<p>1. Welcome & Apologies:</p> <p>Present: Chair Colin Leonard (CL) NSFT, Amanda Bloomfield (AB) Gatehouse, Steph Wells (SW) NSFT, Kate Sparks (KS) Shaw Trust, Jo Streeton (JS) Cambridge Pringle Group, Chris Eves (CE) Cambridge Pringle Group, Karen Jackson (KJ) NSFT, Guenever Pachent (GP) NSFT Governor, Nigel Moyes (NM) Ipswich VASP, Mandy Horne (MH) Junction 10, Marion Robbins (MR) NSFT, Dan Pennock (DP) Healthwatch Suffolk, Julia Carr (JC) VASP co-ordinator, Wendy Shepherd (WS) SUF, Carl Coughlin (CC) service user, Julie Button (JB) NSFT Link nurse, Sara Flowers (SF) NSFT Link nurse.</p> <p>Apologies: Lizzie Cocker West Suffolk Council, Melanie Smith Sunset Barn Care Farm, David Grimmer Suffolk Family Carers, Emma Harding, Emma Mc Dougal Havebury Housing, Jacqui Fairley NSFT, Jon Eaton CAS, David Finn BSEVC, Sarah Bradbury Suffolk West CAB</p> <p>Colin Leonard welcomed everyone as Chair for the day and all present introduced themselves to the meeting. DP said the meeting would be recorded purely for the purposes of the minutes.</p> <p>.</p>	
<p>2. Notes of the meeting held on 21st January 2016</p> <p>DP pointed out that the previous minutes incorrectly attributed the formation of ‘Hubs’ in the new NSFT Service User and Carer Engagement Strategy to Healthwatch Suffolk whereas it is NSFT that is forming them. This was noted and the previous minutes agreed.</p>	

<p>3.Matters arising</p> <p>It was noted that there were outstanding actions on Pete Devlin from the previous meeting and CL undertook to chase these with Pete.</p>	<p>CL</p>
<p>4. Ongoing chairing and admin arrangements..</p> <p>KS has agreed to Chair the next meeting (May) but cannot commit further due to increased referrals. JC said the Chair role wasn't too onerous but that there is a need for some admin support. JC said she would make her report at this point as it was germane to the discussion.</p>	
<p>5. VASP Co-ordinators update</p> <p>JC said that have been significant developments/changes across the Suffolk VASPs over the last six months. VASPs are not constituted bodies-all voluntary. There is a steering group looking at how more sustainable funding might be found. This is a challenge as the VASP isn't constituted and therefore another organisation would have to apply for funding on the VASPs behalf. DP mentioned NSFT charitable funds and GP agreed and said she would give this some thought.</p> <p>KS said she would talk to Jasmine and get back to JC re. a volunteer.</p> <p>DP volunteered to Chair in July and offered the use of the recorder as required for future meetings.</p> <p>WS mentioned that West Suffolk is different to other VASPs as it changes location. DP queried whether or not this is positive. Other VASPs are static in their location. JC explained the history in that a number of localities have ceased to operate and there have become assimilated in a single meeting which meets in rotation in the towns where the VASPs had previously met. JC said that there is significant crossover of attendees. DP suggested the attendances at other VASPs was lower and that he 'felt' the localities were smaller numbers of those people currently in the room. WS said that not everyone attended but people who could not attend followed proceedings via the minutes. JC agreed to look back over the attendees. WS said that the possibility of the meetings being always held in Bury being mentioned in the minutes might get an email reaction. CC said this should be emphasised in the minutes and people encouraged to feedback to the next Chair. DP said that locality VASPs would play a significant part of the NSFT Service User and Carers Engagement Strategy which will increase the importance of VASP. NM said Lesley Drew is the key Trust person involved and JC undertook to make contact.</p>	<p>GP</p> <p>KS</p> <p>JC</p>

	JC
<p>6. Presentation by Mandy Horne Junction 10</p> <p>Mandy gave her background as a long period spent in the insurance industry. She then had some health issues and felt the need to explore new horizons. Her own experience of getting to the right sort of clinicians made her want to help children get appropriate help more quickly. She became involved with 2 other people that she knew and formed a new social enterprise. These 2 colleagues had a similar background plus experience in substance mis-use.. They have a general approach of counselling and life skills support.</p> <p>Her presentation slide pack is attached.</p> <p>Currently they work (temporarily) out of the MENTA centre in Eastern Way, Bury. The hope is that in future the methodology would be to have appointments but also drop in. A programme of school talks will be developed. There will also be a family based element. It will usually be a 10 week programme.</p>	
<p>7. Updates from organisations</p> <p>NSFT Carers leads-there are 6 across Suffolk. All funded for 10 months by County Council but funding may be extended. Remit is to raise carer awareness. Triangle of Care is big subject at the moment with staff training involved. Carer's assessments are also carried out. GP asked if the assessments are still very complicated-CL said work is going on to simplify and that eventually Lorenzo will have the forms. Positive changes are happening.</p> <p>NM: reported on Suffolk Dual Diagnosis forum which meets quarterly, next meeting on 19th May at Haymills in Stowmarket from 1.00pm till 3.00pm. Turning Point will begin to co-chair at next meeting. NM reported that Pete Devlin will oversee Recovery College now Nettie Burns has left, Chris Hedges runs. NM reported Recovery College is one of the best things that he has seen within mental health services. NM reported that UCS have a conference on service user voice, 'Can you hear me?' to be held at Trinity Park. Free paces for service users and carers are available via Nigel for the event, usual price £25.00</p> <p>GP briefly reported that one of the Governor's roles is to appoint non-executive directors and 3 new non execs. have been appointed. 2 live near Bury. Names were not given. Focus is on return visit of CQC this Summer.</p> <p>KR reported from Recovery College-new prospectus in next few weeks and registration day April 5th 11.00 to 16.00 at Bloomfield House. This is for people in secondary care or who have been in secondary care within last 12 months. KR also reminded people that Like Minds meet every Tuesday at 2.00 at Suffolk Mind in Long Brackland.</p> <p>CE said that the property in Haverhill had been purchased an 6 people are in residence but the community had issues. There will be a Cambridge Pringle Open Day in Haverhill the following Friday to see what services people want in Haverhill. Houses have also been purchased in Ely with a priority given to veterans.</p>	

KS reported Shaw Trust are really busy and that they now have premises at Bury CAB which is much more convenient for clients. 3 people started work in February and much effort is going into interview preparation with other clients.

Link workers; very busy but waiting for outcome of Wellbeing contract.

CC said that as Chair of SNAP there is a new report on housing related difficulties. This report can be distributed with the minutes.

SUF not much to update. Stepping Forward (in conjunction with Healthwatch) where do we go next with this? There was much that was positive but NSFT don't want it left. Yet another survey not the way but going to service users to ask how they might want things progressed. New advocacy project-10 months based in acute units. Making sure people leaving hospital understand where to go. A new chair is being sought for SUF. Jason Joseph has asked SUF to ask service users what they think supported housing should offer and also what the people working in supported housing think. This is in advance of re-tendering next year.

SF reported that she and 3 others around the county would be working with GP practices, commissioned by CCG's, around supporting people with learning disabilities and signposting to other appropriate services. It is hope that the outcomes will mean that the project will continue. The is a pilot project and the role involves training GPs as well as working with people with LD.

Amanda said there had been a slow start over last 18 months but now it has all come at once. There is a possibility that someone will become involved with supporting building work to make the building more accessible. Hopefully by the end of the year Gatehouse will be the Bury dementia hub. A dementia hub facilitator has been employed and Age UK will be running their dementia advice service there one day a week and Suffolk Mind have expressed an interest in. Music therapy, dental services etc. will be available in future but will be separate from food and furniture bank.

DP advised the meeting that the MHFG stakeholder meeting would be held on 17th April and that there was to be an event at Thomas Gainsborough School in Sudbury.

8.Events

DP undertook to do his best with events from the recording. NM undertook to provide future dates for dual diagnosis meetings

9. West Suffolk Locality VASP priorities

CL advised that he had heard from some who uses services that the transition from youth to adult services is now much better. GP said that it might be good to hear how well the transformation money is being spent in future. Maybe in 6 months' time? CL suggested that priorities are looked at a later time.

10. Dates of future meetings

Tuesday 10th May 2016, Haverhill Arts Centre
Tuesday 12th July 2016, Mildenhall, venue tba
Tuesday 13th September 2016, Thetford/Brandon, venue tba
Tuesday 15th November 2016, Newmarket, venue tba

11. AOB

Julia Carr reminded everyone of the monthly newsletter and it had a good read rate and over 200 subscribers, so a good way to publicise activities etc.
Any articles send to Julia: vasp@bsevc.co.uk

Date of next meeting

Tuesday 10th May, Haverhill Arts Centre, 10am-12pm
Interim Chair: Kate Sparks, Shaw Trust

Present:

Karen Jackson	NSFT
Dan Pennock	Healthwatch Suffolk (minutes)
Kate Sparks	Shaw Trust
Julia Carr	VASP co-ordinator
Jo Streeton	Cambridge Pringle Group
Chris Eves	Cambridge Pringle Group
Colin Leonard	NSFT (Chair)
Amanda Bloomfield	Gatehouse
Mandy Horne	Junction10 CIC
Steph Wells	NSFT
Guenever Pachant	NSFT Board of Governors
Nigel Moyes	SUF / Ipswich locality VASP
Marion Robbins	NSFT
Wendy Shepherd	SUF / Mid Suffolk locality VASP
Carl Coughlin	SU
Julie Button	NSFT
Sara Flowers	NSFT

Apologies

Jon Eaton	CAS
Melanie Smith	Sunset Barn Care Farm
Emma McDougal	Havebury Housing Partnership
Sarah Bradbury	Suffolk West CAB
David Finn	BSEVC