



NOTES OF THE MEETING OF THE WEST SUFFOLK VOLUNTARY AND STATUTORY PARTNERSHIP FOR MENTAL HEALTH

Our Lady and St Etheldreda Catholic Church, Exeter Road, Newmarket, CB8 8LT

Thursday 21st January 2016 10.00-12.00 noon.

	ACTION
<p>1. Welcome & Apologies: see below</p> <p>HP welcomed all to the meeting and noted apologies</p> <p>.</p>	
<p>2. Notes of the meeting held on 27th October 2015</p> <p>Agreed</p>	
<p>3. Matters arising</p> <p>None</p>	
<p>4. Election of Chairman</p> <p>Colin Leonard agreed to chair the March meeting on an interim basis.</p> <p>Kate Sparks agreed to chair the May meeting on an interim basis,</p> <p>.</p>	
<p>5. Speaker: Peter Devlin Suffolk County Council</p> <p>Personalisation and the Care Act</p> <p>Pete gave an update on progress since his last presentation eighteen months ago</p> <p>Please see attached sheet of the pyramid structure.</p> <p>HP highlighted the valuable work of the linkworkers and how it helped GP's to refer people with mental health issues for support.</p> <p>PD reported that it is about 50:50 who takes up a personal budget and who remain with support from the local authority.</p>	

<p>Coastal VASP: Suzanne Wyard, NSFT, has had to step down as chair and Jayne Davy has offered to be chair on an interim basis. Mid Suffolk VASP and Sudbury VASP are continuing and have some admin support. VASP calendar has been circulated on e-mail and is on the VASP website.</p> <p>7. Events</p> <p>Time to Change Village event had taken place in Bury St Edmunds at Christmas Lights switch on. 300 people had conversations about their mental health, Training event 27.1.16 Time to Change and the Recovery College at Oakes Barn, St Andrews Street South, Bury St Edmunds. Most Active County event at Trinity Park, Ipswich 27.1.6. VASP will have a stand.</p>	
<p>8. Updates from organisations</p> <p>NSFT Colin Leonard reported that things had settled and new staff have started. Jacqui Fairley reported that a new Recovery College timetable had been published. New courses are being developed. Carers workshops are being facilitated by Colin Leonard, to prepare staff. It is mandatory for all staff .</p> <p>Cambridge Pringle Group Jo Streeton reported that the organisation has secured another building on Haverhill. Survey being circulated asking what does Haverhill need to support people.. They have a large community area and will invite people to come in and do workshops. Working with Karen Chapple, One Haverhill, running Signposting for people up to 25, she is currently running this but hopes soon that it will become peer led.</p> <p>Sunset Barn Care Farm Funding for family carers had been received and this would be for 2 years. Open 3 days a week and will possibly add another day. Grant received for a building which will be open in September 2016.</p> <p>Age UK Suffolk The charity is undergoing drastic change internally. Sharon Cozzens has left and Mel Cassidy has been appointed Interim Chief Executive.</p>	

Very little outwaed facing channgge, but there is no Team Leader in the West. Recruiting internally at present.
The help deask in Bury St Edmunds is closong in March, but the telephone will be redirected to the advisors.
Advisors are researching community venues, I.e libraries for pop up surgeries.

Healthwatch Suffolk

Mental Health Focus group meeting dates have been confirmed.
See attachment.

Last survey carried out was to ask people who used menatl health services if they had noticed an improvement since NSFT was put into speacial measures.

As a result of 3 negative comments about a cre hoem Healthwatch used their 'enter and view' rights to go into the care home, but they found that management were aware of problems and were taking remedial action already.

Healthwatch Suffolk will be using these rights to inspect GP practices.

HWS has establishes a Hub with seven satelites based in localities.
Dan Pennock commented that VASP shouls be on this.

Lead is Lesley Drew working alongside Sharon Picken.

Shaw Trust

Kate Sparks reported she has moved to a new office in CAB in Risbygate Street, Bury St Edmunds. Clients have said they prefer the location.

Referrals have dropped off.

Kate will e-mail referral forms to Julia Carr to be e-mailed to WSVASP e-mail circulation.

BSEVC

David Finn reported that BSEVC had tendered for three areas for rural transport. They were the preferred bidder for Mid Suffolk and Ipswich.

The preferred bidder for Forest Heath and St Edmundsbury had not been announced but would probalby be The Voluntary Network.

David said that it was good that community transport had stayed with the voluntary sector and not gone to commercial organisations.

The contracts start on June 13th 2016.

In the meantime it is business as usual.

BSEVC had received funding to provide support groups and programmes for people with menatl ill health and for carers,

Gatehouse

Amanda Bloomfield reported that they had had a very busy Christmas. 400 food hampers had been distributed and 100 people served Christmas Lunch.

Gatehouse are becoming a Dementia Hub for Bury St Edmunds. An event was held to get ideas for services.

Funding needed to change rooms upstairs to counsellimg rooms for

KS/JC

<p>1:1 support. This is likely to be a free service and Amanda would like it to start immediately. The room is available for meetings but at present there is no lift access.</p> <p>Junction 10 CIC Mandy Horne reported that the CIC has just started and they are looking for premises in Bury St Edmunds town centre. They are working with Suffolk County Council to provide services for young people. If you know of any premises please contact Mandy; mandy.horne@hotmail.co.uk</p>																			
<p>9. West Suffolk Locality VASP priorities Personal budgets and the Care Act Transition youth mental health going into adult services Dual diagnosis</p>																			
<p>10. Dates of future meetings Tuesday 10th May 2016, Haverhill, venue tbc Tuesday 12th July 2016, Mildenhall, venue tbc Tuesday 13th September 2016, Thetford, venue tbc Tuesday 15th November 2016, venue tbc</p>																			
<p>11. AOB Julia Carr reminded everyone of the monthly newsletter and it had a good read rate and over 200 subscribers, so a good way to publicise activities etc. Any articles send to Julia: vasp@bsevc.co.uk or Franca Wade: vaspadmin@bsevc.co.uk</p>																			
<p style="text-align: center;">Date of next meeting Thursday March 2016 Gatehouse, Dettingen Way, Bury St Edmunds NB The room is upstairs with no lift access.</p>																			
<p>Present:</p> <table border="0"> <tr> <td>Hazel Pidsley (HP)</td> <td>Chairman</td> </tr> <tr> <td>Jacqui Fairley</td> <td>NSFT</td> </tr> <tr> <td>Karen Jackson</td> <td>NSFT</td> </tr> <tr> <td>Emman McDougall</td> <td>Havebury Housing Partnership</td> </tr> <tr> <td>Dan Pennock</td> <td>Healthwatch Suffolk</td> </tr> <tr> <td>Kate Sparks</td> <td>Shaw Trust</td> </tr> <tr> <td>David Finn</td> <td>BSEVC</td> </tr> <tr> <td>Julia Carr (JC)</td> <td>VASP co-ordinator</td> </tr> <tr> <td>Jo Streeton</td> <td>Cambridge Pringle Group</td> </tr> </table>	Hazel Pidsley (HP)	Chairman	Jacqui Fairley	NSFT	Karen Jackson	NSFT	Emman McDougall	Havebury Housing Partnership	Dan Pennock	Healthwatch Suffolk	Kate Sparks	Shaw Trust	David Finn	BSEVC	Julia Carr (JC)	VASP co-ordinator	Jo Streeton	Cambridge Pringle Group	
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Chris Eves Gill Peat Lizzi Cocker Melanie Smith Colin Leonard Peter Devlin Amanda Bloomfield Mandy Horne Jon Eaton Apologies Frances Allen Brenda Crichton Carl Coughlin Sarah Bradbury Wendy Shepherd Sara Flowers Richard Baldwin	Cambridge Pringle Group Age UK Suffolk FHDC/St EdsBC Sunset Barn Care Farm NSFT SCC Gatehouse Junction10 CIC Community Action Suffolk Turning Point Age UK Suffolk SWCAB SUF NSFT FHDC/St Eds BC	