

MINUTES SUFFOLK COASTAL VASP

Cloghans Bungalow
Suffolk Coastal District Council Offices

15 May 2014, 14.00-16.00



Present: Suzanne Whyard, Daniel Richards, Jane Clements, Jason Rogers, Dawn Rouke, Krisztina Nemeth, Joyce Long, Angela Sadler, Luke Bennett, Stella Morris, Helen McNorton, Paul, Monica, Margaret Bale, Trisha, Colin Jennings

- 1 Welcome
- 2 Apologies
- 3 Previous minutes
- 4 Matters arising- guest speakers Krisztina Nemeth and Lynn Skipper
- 5 Members updates
- 6 Any other business
- 7 Next meetings

2 Apologies: Shirley Francis, Becki Gaunt, Pam Boone, Elizabeth Moal, Jane Millar

3 Minutes from the last meeting: -currently unavailable-

4 Matters Arising:

i) The Centre

Colin Jennings from The Centre, Ipswich, presented the current service available at The Centre. Colin's role is to raise awareness of what is available at the centre.

The Centre started over 9 years ago and was formally known as Wood and Stuff. They cater for a wide spectrum of service users with physical disabilities, learning difficulties and mental health issues. Users can make wooden objects for sale, but it is the process of engaging with activity that offers a therapeutic edge to the service. It is open from 9.00am-4.00pm, 5 days a week. Full and half day sessions are available; a full day session costs £49.00.

Funding options are self-funding or personal budgets, self and professional referrals accepted.

Support workers available, or the option to 'bring your own'. Volunteers are always required too.

To arrange a visit or for more information, Colin can be contacted on 07749 348869 or visit <http://thecentreips.com/>

ii) Felixstowe Listening Service/Inspire Counselling

Margaret Bale from Felixstowe Listening Service, presented on the service which offers short term (4-6 weeks) listening, provided by trained and supported volunteers. This service is a satellite service of Inspire. Advice is not provided, but signposting and listening is, to people aged 18+. Groups/couples are not seen.

Initial assessments are required, with an approximate wait of 6 weeks. From there, placement with a listener normally occurs within a week. Sessions are available Wednesdays and Thursday, at Felixstowe Library.

Onward referral is available for counselling if a need is identified. Counselling is offered via Inspire, charge for counselling is between £15-£45, although exceptions can be made for those with a low income.

Margaret Bale can be contacted on 07896 326459 or felixstowelisten@gmail.com or visit www.inspirecounselling.org.uk

5 Members Updates:

Helen McNorton

The MIND Waves programme is proving successful, funding is required for future development. Housing provision is full.

Luke Bennett

Funding provided for Work Clubs, involving Project 4, Suffolk Chamber and Access Lowestoft. Clubs will be set up in Waveney, Felixstowe, Leiston and Woodbridge. Nick Bolter is the contact- Luke to invite him to the VASP.

21st May at Woodbridge Football Club, an event with workshops and networking for training providers.

Suffolk Resource Network, funding advice, training on governance etc. Contact Claire Taylor-Crisp at CAS- 07500 038883 or c.taylor-crisp@communityactionsuffolk.org.uk

Action- LB to invite Nick Bolter to the VASP

Action- LB to advise on future room bookings at SCDC after July 2014

Joyce Long

David Apps running some groups in their premises. Still have a lot of service users with mental health issues, however they seem to be well supported at present.

Stella Morris

Have quite a few members of staff off at present

Angela Sadler

Coastal IDT moving to Walker Close. The Enhanced Pathway still does not have a Doctor.

Paul and Monica

12 out of 13 beds at Cavendish Rd are full. Funding for placement is via the Expenditure Approval Panel.

Dawn Rouke

Due to the restructure, the team will move to Foxhall Day Centre. Dawn will become the team leader.

Krisztina Nemeth

Mental Health at Work event held at Endeavour House this week. Various agencies present including Public Health, statutory and voluntary agencies and Red Rose Chain.

Still looking for involvement with the walking campaign. www.walkthiswaysuffolk.co.uk



Walk This Way

Suffolk Pramblings

Walking for families with pushchairs- <http://www.prambling.co.uk/index.html>

6 Any other business

Discussion around inviting 4YP to the VASP. **DR to invite Cherry or Jamie**

7 Future meeting dates

All 2.00pm-4.00pm at Cloghans Bungalow, Suffolk Coastal District Council, Melton Hill, Woodbridge, IP12 1AU

19th June 2014 Guest- Jean Cobbold- Personal Budgets

17th July 2014