

Please Reply to:

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# NOTES OF THE MEETING OF THE SUFFOLK VOLUNTARY AND STATUTORY PARTNERSHIP FOR MENTAL HEALTH

held at Suffolk Mind, 50 Long Brackland, Bury St Edmunds IP33 1JH Monday 8<sup>th</sup> September 2014 10.00-12.30 p.m.

	ACTION
1. Welcome & Apologies: see below	
HP welcomed all to the meeting and noted apologies	
2. Notes of the meeting held on 9 <sup>th</sup> June 2014	
Agreed	
3. Matters Arising	
None	
4. Bonnie Teague Research Manager NSFT Nothing had been heard from Bonnie but it was agreed to invite her to December meeting. Ian Young agreed to pursue Jackie Sawkins gave a brief resume on the research work that she is involved with including drug trials and new therapies and interventions.	IY
Service users are not being informed of what they could be involved in.	
Bonnie Teague will be able to tell service users how they can get involved.  Some research has been going on for 2-4 years so is well	
established.	

New research programme is called Inspire. Panel being set up and calls for anyone who may be interested in being involved in research or doing some research. Close links with UEA and UCS and some links into Recovery College. Launch in Suffolk.	
<ul> <li>5. VASP Co-ordinator's update</li> <li>MEAL event had been successful and Time to Change would be happy to work with VASP again in the future.</li> <li>It was the first pop up village that had been set up in a rural location.</li> </ul>	
Admin Support Ian Young to liaise with Nettie Burns and Louise Marks re admin support for Ipswich VASP.	IY
County VASP It was agreed to extend meetings to 12.30p.m. in future. Meetings will be 10 a.m. to 12.30 p.m. Nigel Brett to check Dove Room will be available for changed times	NB
VASP Chairs meeting Louise Marks has invited Alison Leather and Jason Joseph to December meeting. Dr Michael Bramford, Chairman of Suffolk Wellbeing Board	
VASP website has been updated.	
WMHD events 4.10.14 Jimmy's Farm 10a.m to 3p.m. Many planned events, 9.10.14 Sudbury 10.10.14 Haverhill 10.10.14 Ipswich	
10.10.14 SUF partnership event with UCS 9.10.14 West Suffolk Network in Newmarket Theme ageing Well in West Suffolk.	
7. Locality VASP's reports	
Coastal VASP	
Suzanne Wyard , Chairman, is having to stand down due to work commitments David Riches, vice chairman is also standing down. Hoarders Conference at Henley Coastal VASP will be represented.	

# **Sudbury VASP**

Project being developed to visit schools, this will be the major focus. WMHD event on the Market Square.

Hadleigh is setting up a dementia community.

Dementia friends on a community scale.

Carers, families and people with the condition will be asked what they would like to get from it, scope it and then get funding.

NB to send information for VASP website to JC.

## **Bury Mental Health Forum**

Speakers from Hidden Talents project and Stand Tall project.

Attendance at West Suffolk network on 9.10.14

Housing problems are still a priority due to shortage especially in Bury St Edmunds.

Personality Disorder has become a focused area.

## **Mid Suffolk**

Focus on north of Mid Suffolk.

Day planned at Eye, Thornham Walks and participation at MEAL event. No WMHD event as resources are stretched this year.

Mid Suffolk VASP involved with UCS and the involving service users.

VASP partners are also involved.

Reaching into rural areas is a continuous target.

Sue Parker looking to get more information on Commissioned services for dementia. IY to liaise with SP

# **Ipswich**

More positive agenda has encouraged more participants.

## Haverhill

Improved attendance.

Elaine Hewes is the lynch pin and she is able to continue to April 2015 due to having some funding.

#### **Brandon/Thetford**

Still no progress with Thetford venue.

Attendance has dwindled.

IY.SP

# 8. Strategic Partner's updates

# CCG's

Engagement work being undertaken and events have been held. Informing the Mental Health Strategy for Suffolk due to be completed in March 2015.

Planning through Mental health and learning disability reference group, referred and informed by Thurston group.

Information to be used for other matters.

Both CCG's have increased the number of people working in Children's services. Working with GP's and school clusters.

Primary Care workers, service spec with both CCG's and SCC, want direct links with GP's.

Psychiatric Liaison Services: pilots in Ipswich and W.S. Hospital have been well received and used.

Findings being evaluated and plan for future commissioning.

Memory service: 2 different models.

WSCCG working with primary care practices to see if everyone is logged on appropriately.

Ipswich and East CCG looking at assessing what happens when people access service.

Under 18 Eating Disorders service.

Ipswich and East project with mh workers going out with constabulary. Triage, but only in office hours. This has been well received.

## **NSFT**

New CEO appointed.

Debbie White's secondment post being advertised.

Priority to treat people in Suffolk.

Difficulty in recruiting personnel in the west.

Vacancies greatest in hospital wards. Priority to recruit.

Evaluation of A and E Liaison services in Ipswich and West Suffolk Hospitals. Primary MH Care workers, good results.

Dementia services: different models in east and west.

Lorenzo- new single electronic system early 2015. Link to the Suffolk Observatory.

NSFT Governor 2 events

19.9.14 2<sup>nd</sup> day at Trinity Park Ipswich followed by AGM

30.10.14 Consultation of trusts psychology and psychotherapy conference, Cage Lane Thetford.

Membership. Peter Haylett will send out e-mails.

Ipswich Open Mind project for BME 27.9.14 12.30-5p.m Quay Café, St Margaret's Plain, Ipswich

Trust developing equality leads.

## **SUF**

Focus on WMHD.

AGM 21.10.14 with showing of film 'Behind the Curtain'

Transitional funding to March 2015. Not sure of SUF's future, dependent on commissioners.

Healthwatch MH questionnaire with NSFT about access to services. Deadline extended to October. Published report on Ambulance and 111 service. On website Wheelchair project being embarked upon. Questionnaire available. Project on non essential patient transport. Haverhill GP surgery –report being drafted. Feedback postcards available.	
Suffolk Libraries DG contacted by NSFT to develop a Teenage MH booklet, signposting to local resources including book lists and including library services. Action for Happiness workshops Oct –July 2015 Working with SWS and NWBS. DG to send link	DG
Suffolk Family Carers 2 ADHD and Autistic Spectrum Disorder Information days Ipswich 25.9.14 Lowestoft October. Bid to Suffolk Community Foundation for Carers Forums. Priorities: Rurality and access to services.	
9. Local Concerns not reported by locality VASP's None	
World Mental Health Day Benefits and Personal Budget Personality Disorders Housing: Housing charter coming out in draft in the next few weeks and will be signed off Research	
11. AOB None	
Dates of next meeting Monday 8 <sup>th</sup> December 2014 The Dove Room, Mid Suffolk District Council	
Monday 9 <sup>th</sup> March 2015 Monday 8 <sup>th</sup> June 2015 Monday 14 <sup>th</sup> September 2015 Monday December 14 <sup>th</sup> 2015 Venues to be confirmed	

Present:

Hazel Pidsley (HP) BSEVC (Chairman), BMHF

and BeInspired Healthwatch

Gill Jones (GJ) Healthwatch
Julia Carr (JC) VASP co-ordinator

Guenever Pachant (GuP) NSFT

Suzanne Wyard (SY) NSFT Linkworker, Coastal

**VASP** 

Nigel Brett (NiB) MSDC/BDC, Sudbury VASP

Sue Gray (SG) Suffolk Mind

Ian Young (IY) NSFT Jacqui Sawkins (JS) NSFT

Jeff Stern (JF) Healthwatch Suffolk, SUF

David Grimmer (DG)
Sue Parker (SP)
Louise Marks (LM)
Karen Wood (KW)
Suffolk Libraries
Mid Suffolk VASP
Suffolk Family Carers
West Suffolk CCG

Jayne Davey (DJ)

Peter Haylett

NSFT

**Apologies:** 

Elaine Hewes (EH) Community Action Suffolk

and Haverhill VASP

Nettie Burns (NeB) NSFT Roz Brooks NSFT

Nicola Wright Papworth Workwise
Alan Bramwell Ipswich and East CCG
PCSO Siobhan Hammett Babergh West SNT