Minutes of the VASP meeting of 5th March 2013 Held at MSDC offices, 1pm to 3pm

Present:

SP Sue Parker Mid Suffolk VASP - Chair GM Gareth Moir SCC SC Sally Corker InspireSS WS Wendy Shepherd SNAP + Advice project Linda Attwood Bury PD group and SUF LA St. Edmundsbury Diocese BB Barbara Bilston LA Linda Attwood Bury PD group and SUF

CW Cathy Walsh SUF

NM Nigel Moyes Healthwatch

GC Gill Cook MSDC

SB Suzanne Britton MAP/Green Gables/VASP - minutes

Apologies:

Christine Cantwell Julia Carr Jon Seed Julia Carr Liz Roper Nigel Moyes Guenever Pachent

1. Welcome & apologies

2. Guest Speaker:- Gareth Moir SCC Children and Young People's Integrated Services

GM spoke about the Integrated Children and Young People's service (ICYP) which targets 0-19 year olds and 19-25 for young people with additional needs.

He talked about the Common Assessment Form for specialist services.

SCC are looking to more joined up work with Adult Care Services (ACS) to provide more universal services.

Early intervention avoids people having to get specialist services.

Family mental health is on the SCC agenda. Parents with mental ill health affect children which is why ACS are working closer with CYP.

Schools are a key partners in work. There are a large number of referrals from the schools.

GC explained that schools lack the resources to engage more with CYP policies and events.

GM is a commissioner working with professionals identifying needs.

CAF pathway needs to be kept open. There are not many referrals from academies. The top trends from CAF are:

- 1) behaviour
- 2) Young people's mental health issues
- 3) Child health development
- 4) Family relationships.

It is necessary to look beyond the presenting issue, eg: behaviour may be caused by mental ill health.

Children and Adolescent Mental Health Services (CAMHS) are changing. GM would like to work closer with the voluntary sector.

'Raising the Bar agenda'. Poor school results can be due to domestic problems. He has seen a school where the issues are dealt with by running non teaching days with themes such as mental ill health.

GM explained that the aim of the SCC is to keep children in mainstream school. There have been some permanent exclusions from High Schools.

NM: Healthwatch will be appointing a Children and Young People Ambassador, who could be invited to the conference on 17th April.

SP to invite Ambassador

NM: are parent partnership representatives invited to the conference? **SP to consider this**

3. February Minutes and matters Arising

WS said that she had been talking about percentage rises in rent, not council tax (item 7)

4. MSDC Scrutiny Committee Meeting "Rural Transport and IsolationSP reported on her attendance at the Scrutiny Committee, who were looking at creative ways of getting round rural areas. There is a will to tackle problems but SCC don't have any money to do this.

SC suggested that it should be possible to move services, eg NHS to local areas.

GM said that SCC had given funding to MAP to cover the transport costs of young volunteers. These costs can be very high. The Mid Suffolk area is very rural but GM does not receive extra budget funding to cover the associated costs.

5. CYPS Conference update

SP updated the forum on the conference arrangements.

Regrettably, Brian Tobin from ICENI is not able to attend but he is sending 2 frontline staff.

Very few schools have committed to attend.

Very few GPs have committed to attend.

There will be two speakers from NSFT and some local authority councillors will be present.

Speakers:

- a. Jacqui Martin, CEO SFC and/or Katrina Alderson: Suffolk Family Carers
- b. TBA ICENI Drug and Alcohol treatment
 Supporting Families affected by Substance Misuse
- c. Anna Vizor and Dr. Siri Robling on Service Restructuring in NSFT
- d. Lulu Preston, Clinical Psychologist, NSFT Early Intervention In Psychosis, (EIPS)
- e. KERNOS Counselling

6. ASDA Event on March 28th update and details

Volunteers so far: WS, Irene, Sandra, Garrie, SB, Janis More needed for the morning if possible please

SP to email for more volunteers

7. Updates from Attendees

SP was at Hadleigh Library on Saturday 2nd March. Footfall was low but SP was able to network with the staff.

SP informed the meeting that Helen Sibley and Irene Tibbenham will be holding a Mental Health day at Thornham Walks on Sunday 28th July. SP will attend on behalf of VASP. All VASP members are invited.

NM: the Healthwatch consultation ended on 14th February. Responses are being collated by staff.

A Chief Executive has been recruited. Suffolk LINk staff will be TUPE'd over to Healthwatch on $\mathbf{1}^{\text{st}}$ April. They will be moving to Needham Market. Some pilot board members will go on to the new board and new members will be recruited.

LA reported on the event which took place at Cedars Hotel recently. Anna Visor spoke about the new pathway. The voluntary sector will be more involved but there will be no extra money.

There will only be 1 crisis bed in Bury St. Edmunds and Ipswich.

Norfolk services cannot be accessed. These have to be paid through GP funding.

LA said that, with Cathy Walsh, she would attend a meeting with Margaret Little and Andy Barton from the Crisis Team.

SC said that InspireSS had received a SCC Innovation Grant for 2 years, to run 18 courses for carers, in conjunction with SFC, for carers of people over 18. SC will provide the forum with a programme. They may provide services in Brandon.

SC will attend the Thornham Walks event.

8. AOB

A discussion took place about the loss of Mind Services and the lack of provision from Suffolk Wellbeing.

9. Date of next meeting:

Thursday 11th April at MSDC, Dove Room, 1pm.