



Please Reply to :
Sue Parker
 email: supar1@btinternet.com
 Tel: 01473 822163
 or
Suzanne Britton
 e mail: vasp.midsuffolk@gmail.com
 web: www.suffolkvasp.co.uk

Meeting to be held at:

MSDC Offices, High Street, Needham Market, Ipswich IP6 8DL

Location: THE DOVE ROOM

Thursday 7th July, 1.30 to 3.30pm...PLEASE NOTE NEW TIME

AGENDA

1. Welcome, introductions and apologies **SP**
2. Minutes and matters arising **SP and All**
3. "NORCAS 65+ Georgia Britton **GB**
4. Events 2016 including The Mix on 28th September and Rural Coffee Caravan GAF on 21st at Needham Market **SP AND ALL**
5. AOB and member's updates **ALL**

Meeting dates for 2016

Month	Date	Venue and Speaker
January	Thursday 7 th	DOVE ROOM Juliet Lockhart
February	Tuesday 2 nd	DOVE ROOM Simon Glenister
March	Thursday 3 rd	DOVE ROOM Special Friends and Homestart
April	Tuesday 5 th	DOVE ROOM Red Gables, Wellbeing Hub
May	Thursday 5 th	DOVE ROOM Sport England and Leading Lives
June	Tuesday 7 th	DOVE ROOM
July	Thursday 7 th	DOVE ROOM Georgia Britton Norcas 65+
August	No meeting	
September	Tuesday 6 th	DOVE ROOM
October	Thursday 6 th	DOVE ROOM
November	Tuesday 1 st	DOVE Room
December	Thursday 1 st	DOVE ROOM
<i>Supported by Mid Suffolk District Council</i>		