



AGENDA
Sudbury Locality VASP Meeting
Wednesday 30th March 2016
10am to 11.30pm
Phoenix Children's Centre
Tudor Road, Sudbury, Suffolk CO10 1NP

Refreshments available upon arrival

1. Introductions and Apologies
2. Agree January minutes, attached, thanks Emma.
([Minutes](#) from this and all previous meetings are on www.suffolkvasp.co.uk)
3. Event planning - decide VASP & partner engagement:
 - a. BDC open for business event 20th April, Delphi Centre
 - b. Richmond Fellowship 20th anniversary event 20th May, St Peter's Church
 - c. Mental Health Day Market Stall, 13th Oct?
4. Updates from organisations
5. AOB

Future meeting dates are last Wednesday every other month;
all at 10am at the Phoenix Centre:
May 25th, July 27th, September 28th, November 30th



Sudbury Locality VASP Meeting – Minutes

27.01.16

Phoenix Children's Centre, Sudbury

10am

1, Present

Rob Allen (RA) – Open Door, John Taylor (JT) – Richmond Fellowship, Deborah Charles (DC) – SCC, Imogen Sherwood (IS) – local area co-ordinator, Colin Leonard (CL) – Carer Lead NSFT, Kate Meachen (KM) – Primary LO Liaison Nurse Suffolk Wellbeing Service, Alison Clark (AC) – SNAP, Helen Game (HG) – Primary Care Mental Health Nurse Suffolk Wellbeing Service, Hilary Platts (HP) – SCC Suffolk Infolink, Cally Boardman (CB) – SCC local area co-ordinator, Elizabeth Storer (ES) – Healthwatch Suffolk, Karen Jackson (KJ) – NSFT IDT Bury South, Joanna Belfield (JB) – Community Action Suffolk, Chris Boatwright (CB) – Kernos Centre, Nigel Brett (NB) – Babergh and Mid Suffolk, Emma Cadman (EC) – Babergh and Mid Suffolk (Minutes)

Apologies:

Wendy Shepherd SUF, Andrew Good NSFT, Julie Carr VASP, Sally Watson CYP, Haley Charman Link Worker

2. Minutes

Minutes from the last meeting were agreed

3. Chair and Deputy Chair

NB is happy to carry on as chair

Sally Watson has agreed to be deputy chair

4. Suffolk Infolink Presentation – Hilary Platts

- Suffolk Infolink is still the main Suffolk information directory for local community based services. People who manage Infolink are all from library backgrounds.
- Records are provided and maintained by the organisations the information is about. Ideally these are self-sustaining records – people are sent reminders to keep their record up to date. There is a link to the last person associated with the entry to help chase information. Even just a note to say nothing has changed is helpful.
- Some groups don't have their own websites so this helps with a local focus. It includes family services and services for children and young people with disabilities. There is a link for young people to the source.
- Records can be tagged with key words for an easier search and you can search by place, with a radius and by subcategories.
- You can forward search results to people on a shortlist, by email or sms or display your search results on a map and print
- There is a leaflet/business card/guide to making an entry available
<http://infolink.suffolk.gov.uk/kb5/Suffolk/infolink/about.page>



- Some attendees think it would be helpful to have all the activities that go on each day to be shown on a calendar so the public can see what happens and when – (HP) says this is not a feature at the moment but she will pass this on
- My life – the content has been moved to Suffolk Infolink and My life has closed down
- Suffolk Observatory – everything from Infolink is mapped on here, but it is hard to use as it is so crammed with information

5. Sudbury Connect – Cally Boardman & Imogen Sherwood

- Working with people with learning/physical disability /mental health – all ages
- Work with them on their vision for a good life, build community links and resilience. Assisting people to get to where they want to be (work with them to find low cost solutions for things like travel etc. not taking them ourselves)
- No time constraints – led by the person
- Build up a bank of knowledge to connect people and community resources
- No assessments – people are introduced to us
- Making local solutions and links rather than giving a support system
- No labelling so people aren't singled out by disability, only by what they like e.g. football or their goals etc.
- The LAC role is based on geographical location and population head
- This is a 2 year post initially. Several areas over the UK have these co-ordinators
- The service is provided for Sudbury, Imogen, and the 16 villages in a wedge shape above Sudbury, Cally
- It looks at what people want and need to reach their goal
- The co-ordinator will link and approach services for information so in future the user can approach the service themselves, but co-ordinators continue to help in other areas
- No set groups – but working with people to make connections
- Service available from 15th Feb onwards – local introductions
- Each co-ordinator has 60 people, they are asking organisations to take on 1-2 people
- Both co-ordinators are full time
- There are concerns from the meeting that it is not covering Great Cornard
- Feedback is wanted from others in 2-3 months

6. Updates from organisations

Rob Allen – Open Door

-Pick up people with no job/money and help them to resolve their situation, if this can't be done advice is offered with a coffee and a chat too

-Bridge Project is going well

-Lunch Club and Synergy Café are both working well, especially for people with dementia. Open Door is every Monday 11am-3pm



John Taylor - Richmond Fellowship

- Joined with other organisations that do similar work nationally
- 20th Anniversary of working in Sudbury area – event to take place (details to follow), to coincide with Mental Awareness week
- Number of people who can be moved on from supported to social housing has been reduces to 3 people per year, this is a drastic drop and will have a big impact

Elizabeth Storer – Healthwatch

- Update on Stepping Forward Project with SUF at <http://www.suffolkuserforum.co.uk/pnevents.asp>
- Diabetic #happyfeet Project <http://www.healthwatchsuffolk.co.uk/news/3337/> Views on diabetic footcare sought

Deborah Charles – co-ordinator for disability hate crime

- Known nationally
- New police staff member starting next month
- Encouraging reporting of crimes to 101/999
- There is a leaflet for the hate crime report

<http://www.suffolkhatecrime.org.uk/assets/documents/documents/SHCS-leaflet-3rd-edition.pdf>

Also a radicalisation sheet – we are running workshops across the country for people with disabilities or Autism. 3 hours of training – sessions are on 8th, 10th (Stowmarket) and 12th (BSE) February

- Stay Safe Leaflet – this is a small leaflet that people can carry. You write on the details of your next of kin or people you would want contacted in an emergency, and if you feel you are in trouble you can go into a shop that displays the Stay Safe Logo, and they will call the people on your list

Karen Jackson – NSFT IDT Bury South

- Jackie Philey – also works in Sudbury
- Co-facilitator of Recovery College
- 2 sessions coming up – Feb 10th and Feb 17th
- You can register for the sessions on NHS FT website/recovery college

Joanna Belfield – Community Action Suffolk



-Strategy to improve volunteering <http://www.communityactionsuffolk.org.uk/2015/11/26/the-future-of-volunteering-in-suffolk/>

-This needs peoples input

Christ Boatwright – Kernos Centre

-Kernos AGM was 22nd Jan 16

-James Cartlidge MP attended, he tweeted about future help with funding

-There have been 2481 referrals since the start

-194 adults and 91 children last year

Colin Leonard – Carer lead NSFT

-There are now carer's leads in posts across Suffolk

- Raising awareness of carers and giving them support

-Regular Meetings

Kate Meachen – Learning Disability Nurse

-Working from GP surgeries to check that people attend health checks etc. – feeding back this information to health services

-Area's covered are Sudbury/Haverhill/Long Melford

Alison Clark – SNAP

-The service is working as it should be at the moment

-We are taking on referrals

-Also offer an advice service

Helen Game – Suffolk Wellbeing Service

-Joint health and social care

-Beat the Street <http://healthysuffolk.org.uk/healthy-news/beat-the-street> – is a walking initiative to run from Sept/Oct 16 for a year. Cards can be picked up at Schools and other locations. There are special sensors, or Beat Boxes on posts etc. throughout villages so that you can walk from one to the next and 'bip' at each post. They are time sensitive so you can't cheat by driving. There will be boxes in places that aren't doing so well or visited much at the moment, for example parks. Adam Baker is the lead on this.

Nigel Brett – VASP

-There is a printable calendar on the VASP website



-20th April 5-7pm – BDC business networking event at the Delphi Centre.

Could we do a VASP stand there?

-Contact Lee Carvell to book a place

8. Date of next meeting

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