



Please Reply to :
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Meeting to be held at:

MSDC Offices, High Street, Needham Market, Ipswich IP6 8DL

Location: THE DOVE ROOM

Thursday 6th October, 1.30 to 3.30pm...PLEASE NOTE NEW TIME

AGENDA

1. Welcome, introductions and apologies **SP**
2. Minutes for September and matters arising **SP and All**
3. **“INSPIRE SUFFOLK, Therapeutic Sport for all ages and abilities”**
4. Events, update, SP and All
5. AOB and Members Updates

Meeting dates for 2016

Month	Date	Venue and Speaker
January	Thursday 7 th	DOVE ROOM Juliet Lockhart
February	Tuesday 2 nd	DOVE ROOM Simon Glenister
March	Thursday 3 rd	DOVE ROOM Special Friends and Homestart
April	Tuesday 5 th	DOVE ROOM Red Gables, Wellbeing Hub
May	Thursday 5 th	DOVE ROOM Sport England and Leading Lives
June	Tuesday 7 th	DOVE ROOM
July	Thursday 7 th	DOVE ROOM Georgia Britton Norcas 65+
August	No meeting	
September	Tuesday 6 th	DOVE ROOM Gareth Moir and Martin Wright
October	Thursday 6 th	DOVE ROOM INSPIRE SUFFOLK
November	Tuesday 1 st	DOVE Room
December	Thursday 1 st	DOVE ROOM
<i>Supported by Mid Suffolk District Council</i>		